



PUPIL DILATION NOTICE

The dilated fundus exam is considered to be one of the most valuable tests conducted during an eye examination because it can detect signs and physiological effects of various circulatory, metabolic and neurologic disorders such as high blood pressure, diabetes and some tumors. It can also aid in the diagnosis and assessment of cataracts, glaucoma, optic nerve disease, macular degeneration, retinal thinning, tears and detachment.

In order to have a complete and thorough eye exam the doctors at idoc will perform a dilated fundus exam, unless otherwise indicated. Dilating drops temporarily increase the size of your pupils, they also make the pupil non reactive to light. This enables the doctor to see the internal structures more thoroughly.

The dilating drops take approximately 20-25 minutes to take effect after instillation (each person responds differently), after your eyes are fully dilated the doctor will re-examine you. Dilation affects your ability to read up close for 2 to 3 hours, sometimes longer in certain individuals. Distance vision is generally not affected by dilation. Since light sensitivity is normal after dilation, we will give you a pair of disposable sunglasses to use. Most people are able to drive after their visit. However, some people feel safer having a driver. If you need to reschedule for the dilation exam you will be charged a \$30 fee.

- YES, I do want my eyes dilated.
- YES, I do want my eyes dilated but will have to reschedule. I understand the \$30 fee involved.
- NO, I do not want my eyes dilated. I understand the risks of not having my pupils dilated and take responsibility for any condition that may go undetected.

X _____

Signature of patient (parent/guardian if minor)

Print Name

Date